



# Metzner Alchemical Divination®

*Sponsored by the Green Earth Foundation  
Presented by Ralph Metzner, Ph.D.*

The *Metzner Alchemical Divination*® practices have been developed by Ralph Metzner on the basis of extensive experiential research on altered states of consciousness. They have been applied and tested over the past twenty years in the contexts of psychological work with individuals and groups. This is the first time they are being taught for those wishing to learn to use them with others as well as themselves.

Divination is practiced in many traditions and is generally recognized as a process of obtaining intuitive spiritual insight. In essence, it involves a structured inquiry into questions of the past, for healing and resolving problems, or the future, for visioning and obtaining guidance. Alchemy is the ancient art and science of elemental transformation, which in modern times was re-interpreted by C.G. Jung and his followers as psychospiritual transformation using symbolic or imaginal processes. Combining these two ancient traditions with a unique blend of contemporary depth psychology and shamanistic spirituality --

The *Metzner Alchemical Divination*® practices are rooted in:

- \* transformational teachings of psycho-spiritual alchemy
  - \* core East-West teachings of humans as multi-dimensional Being of Light
    - \* shamanistic principles and practices of connecting with the Spirits of Nature
      - \* a scientific systems worldview describing the interconnected Web of Life

The basic purpose of these divinations is to help individuals obtain deeper experiential understanding, problem resolution and visionary inspiration for their life path in its intrapsychic, interpersonal, professional, creative and spiritual dimensions.

*Participants in the alchemical divination training program can expect to:*

- \* Gain greater theoretical understanding of the psychology of transformation, as described in spiritual and esoteric traditions and in the mythologies of ancient cultures, as well as the perspectives of transpersonal and depth psychology, and ecological systems thinking.
- \* Learn yogic meditative techniques of channelling light-fire, toning, and breathing to amplify awareness, sensitize perception, purify the human energy field and navigate through ordinary and non-ordinary states of consciousness.

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- \* Benefit from the divinations personally as well as learn how to conduct divination ceremonies with individuals and in groups; and learn methods for integrating the insights and changes generated from the divinations into one's life and practice -- using methods such as drawing, expressive movement, sounding and story-telling.

### *Structure of the training program:*

The basic divination training is offered in three 5-day modular workshops, that can be taken in any sequence. In these workshops, participants will experience the divinations for themselves as well as Agni Yoga meditations; and they will practice guiding them for others in dyads and small groups. (Note: The divinations are educational and are not intended as a form of psychotherapy or treatment for any conditions.) The three workshops are:

#### *Janus and the Gateway of the Heart* (includes the following divinations and others.)

- \* Finding your Orientation and Inner Direction
- \* Releasing Blocks on Receiving and Expressing
- \* Connecting and Reconciling with the Ancestors
- \* The Cross of Being and Becoming

#### *Mimir and the Well of Memory* (includes the following divinations and others.)

- \* Finding and Connecting with your Spirit Guide
- \* Re-membering Turning Points in the Formative Years
- \* Connecting to the Prenatal and the Soul Agreements
- \* The Tree of Self-Unfoldment

#### *Hermes and the Vessel of Transformation* (includes the following divinations and others.)

- \* Relationship Disentanglement Divination
- \* Envisioning Possible/Probable Futures
- \* Reconciling with the Inner Enemy or Shadow
- \* Medicine Wheel of the Life Cycle

### *Practical Applications:*

Areas in which these teachings and practices can be, and have been, applied and integrated include: psychotherapy, hypnotherapy and counseling; bodywork and various forms of energy healing; life coaching and professional development; organizational development, leadership training and team building; programs for the enhancement of creativity and intuition; college courses in consciousness studies; educational programs for youth and adults aiming at increased self-awareness, and others.

Ultimately, the use of these meditative divination practices can lead the individual to a deeper awareness and appreciation of the interconnectedness of all life on Earth and the vastness of the multidimensional Universe in which we live. From this can come a strengthened commitment to protect and preserve the precious beauty of life in all its myriad forms and mysteries.

### *Costs of the Training Program:*

The basic training program consists of three 5-day workshops, given annually at a retreat center in Sonoma County, Northern California. A certificate is available after completing the three basic modules. Completion of the basic training is a prerequisite for the advanced training.

The cost of the trainings in the US are \$1750 per person per workshop, which includes tuition, training materials, and shared room and board. A deposit of \$500 is required to hold your place.

To apply and register for the workshops:

**Email: [ralph@greeneearthfound.org](mailto:ralph@greeneearthfound.org)**

**Mail: P.O. Box 327, El Verano, CA 95433**

**Fax: 707-935-8567**

### *Comments from Participants in Previous Alchemical Divination Workshops*

I had worked with altered states for many years, but it wasn't until experiencing the divinations with Ralph Metzner that my work took a dive into the divine patterns that guide me now. The structure of the divinations during the journeys has been a powerful new force for meaning and guidance. The reliefs on my map took on deeper meanings and therefore are much more useful to the needs of my days, bringing me into harmony with the maps of all time, making my time here more creative, useful and fulfilling. -Jodie Evans, Co-Founder CODEPINK

Ralph Metzner, in the wise elder phase of his life, after many pioneering journeys into the nature of human consciousness, brings us highly effective means of accessing deep insight and healing that he calls Alchemical Divination. I have personally found his work to be life transforming and extraordinarily wise. This is a transmission not to be missed!

-Rabbi Michael Ziegler

With humor, wisdom and unparalleled experience, Ralph Metzner skillfully and heartfully offers innovative practices that transmute the dark mysteries of the subconscious into alchemical gold, expanding our knowledge of ourselves and promoting wholeness. He is a teacher of exceptional skill, expansive knowledge and deep integrity, whose powerful experiential methodology and teaching elucidate the universal structures that underlie transformative praxis. -Leslie Conton, Ph.D., Professor of Anthropology, Teacher of Shamanism

I have participated in many of Dr. Metzner's Alchemical Divination sessions. The divinations have helped me find my path to service, and I have been able to utilize the practices for many years when I needed personal guidance through the tangled paths of life. I have also been able to incorporate the heart of these divination practices in the trainings and programs I give in work in international leadership development. -Joseph Friedman

Repeated experience with Ralph Metzner's alchemical divinations has led me to a deepening resolution of emotional and spiritual issues within myself and my family and has allowed my life to more fully rest on a foundation profoundly connected with the Earth and her mythologies. -John Westover, Psychotherapist

Working with Ralph's alchemical divination practices has led me to incredible healing and greater consciousness. His vast knowledge, navigational skills and mastery as a visionary guide have opened doors I never thought existed. All areas of my life have improved, I am more grounded, centered, aware and happier. This is reflected in my yoga teaching, my coaching and in my personal relationships. -Briege Farrelly, Yoga Teacher and Personal Coach

The wisdom and insight that I have received during Ralph Metzner's divination workshops have been profoundly beneficial to me personally. With great gratitude, I see also that I am a more skillful psychologist as a result of attending these workshops. Ralph has researched global wisdom traditions and divination methods across the millenia, and created a powerful set of tools for visioning and healing wisdom that we need in these difficult times.

-Janis Phelps, Ph.D., Professor of Clinical Psychology and Marriage and Family Therapist

I have had the privilege of participating in Dr. Metzner's Alchemical Divinations on several occasions. Through his guidance I have healed past traumas, deepened my love and compassion for my parents, grandparents, and sister, and have found greater clarity about my life purpose. His work is both practical and appeals to my imagination. I come away inspired, softened, and with a much broader vision of what my life is about. Dr. Metzner accesses his unique understanding of psychology, other cultures, and the inner world in his divinations. I use what I have learned through these processes in my own life and with my clients. -Athena Katsaros, Life Coach and Workshop Leader

Ralph Metzner's Divination Practices represent: alchemy for our time, our place, our predicament. They are relevant, useful and what you've been searching for; an organized tried and true system for self transformation. A way of re-membering.  
-Phil Baum, Counselor, explorer, grandfather

Working with Ralph's divination process has been a powerful tool for me in my personal evolution. I have had invaluable insights about every aspect of my life. He is a master at this work and a treasure in my life.  
-Jill Moore, Holotropic Breathwork Facilitator

Ralph Metzner's Alchemical Divination processes and teachings offer a human technology for accessing the inner realms, activating the axis mundi and bringing human beings into contact with the healing powers of the psyche. Ralph's work helps open doors into the mysteries like no other, and here one may find the great grace that exists between the worlds as the imagination opens and offers its hand in collaborative relationship with humans. These times we are in require new alignment between the realms and Ralph's work helps people of many walks of life create bridges that assist in collaboration and new flow of creative life energy between heaven and earth. The impact of Ralph Metzner's work is utterly life changing -- for humans, the spiritual realms, and our planet. -Monika Wikman, Ph.D., Jungian Analyst, Author of *Pregnant Darkness*



### **Biography**

Ralph Metzner, Ph.D. who has a B.A. in philosophy and psychology from Oxford University and a Ph.D. in clinical psychology from Harvard University, has been involved in the study of transformations of consciousness ever since, as a graduate student, he worked with Timothy Leary and Richard Alpert (later Ram Dass) on the Harvard Psilocybin Projects. He co-wrote *The Psychedelic Experience*, and was editor of *The Psychedelic Review*. During the 1970s, Ralph spent 10 years in the intensive study and practice of Agni Yoga, a meditative system of working with light-fire life-energies. He wrote *Maps of Consciousness*, one of the earliest attempts at a comparative cartography of consciousness; and *Know Your Type*, a comparative survey of personality typologies, ancient and modern. He was the Academic Dean for ten years, during the 1980s, at the California Institute of Integral Studies, where he is

still Professor, teaching courses there on "Altered States of Consciousness" and "Developing Ecological Consciousness." He maintains a part-time psychotherapy practice, and conducts numerous workshops on consciousness transformation, both nationally and internationally. His books include *The Well of Remembrance*, *The Unfolding Self*, *Green Psychology*, and two edited collections on the science and the phenomenology of Ayahuasca (*Sacred Vine of Spirits*) and Teonanácatl (*Sacred Mushroom of Visions*).



## **Green Earth Foundation**

Harmonizing Humanity with Earth and Spirit

The Green Earth Foundation is an educational and research organization dedicated to the healing and harmonizing of the relationships between humanity and the Earth, through a recognition of the energetic and spiritual interconnectedness of all life-forms in all worlds. Our strategic objectives are to help bring about changes in attitudes, values, perceptions, and worldviews that are based on ecological balance and respect for the integrity of all life. To further these objectives Green Earth Foundation provides growing edge information, via the publication and distribution of tapes, books and experiential training programs, on such topics as Gaia consciousness, the ecological or systems worldview, ecophilosophy and shamanism, indigenous wisdom traditions and related topics. Green Earth Foundation is incorporated in California as a 501 (c) (3) organization. You may send tax-deductible contributions to Green Earth Foundation, P.O. Box 327, El Verano, CA 95433. Please specify if you wish your contribution to go to the Metzner Alchemical Divination scholarship fund. Consult the website – [www.greenearthfound.org](http://www.greenearthfound.org) - for further details on GEF programs and products.